THE COMPREHENSIVE PRAYER GUIDE FOR ENTREPRENEURS & WOMEN IN LEADERSHIP



31 PRAYERS
TO INCREASE YOUR SUCCESS & SPIRIT

KACHELLE KELLY

# BOSS WONEN

31

PRAYERS TO INCREASE YOUR SUCCESS & SPIRIT



KACHELLE KELLY, INT'L.

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# **BOSS WOMEN PRAY**

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# THIS BOOK IS DEDICATED TO

My wonderful and supportive parents,

# **ROY & GLENNA KELLY**

and a host of family & friends (you know who you are), my social media supporters and my amazing coaching clients!



TO GOD, FOR INSPIRING THIS WORK!

I AM GRATEFUL FOR BEING A VESSEL...

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JOIN THE MOVEMENT

# HOW TO USE THIS PRAYER GUIDE

Read each prayer in order and repeat and/or jump to an area of need to encourage you each day!



When you need a quick boost, jump to the two-minute drill located at the end of each prayerfor meditation or empowerment. The two-minute drill is derived from American Football. It is a football offensive strategy

designed to run a series of plays quickly and efficiently using as little of the time remaining as possible. So in this prayer guide, when you are short on time but need a good "play", refer the two-minute drill found by this icon (create two-minute drill icon and place at the beginning of each located at the end of each chapter)

- > Share the prayers with colleagues, staff and friends.
- > Join the Movement by posting prayers to encourage others, ah ha moments, or photos on social media. Don't forget to use thehashtag #bosswomenpray and tag me so I can check it out too!
- > Check out the back cover to find me online!
- > Order your own Boss Women Pray & Activate Your Hustle apparel at the end of book...

"Beloved, I pray that you may prosper in all things and be in health, just as your soul prospers."

3 John 1:2 (NKJV)

rayer changes everything. More often than before, success is linked to our own efforts and rarely associated with the spirit. The most successful people are known to have a "take no prisoners" approach to life with a fierce routine towards success. While the most spiritual of people are known for memorizing scriptures, many live in fear and lack faith. Faith without works is dead, and it's time to marry the two. In fact, the source of our success is very much spiritual. The Bible declares in Third John 1:2 that "Beloved, I pray that in ALL things that you may PROSPER and be in GOOD HEALTH, EVEN as your SOUL PROSPERS" (emphasis mine). I will reference Bible scriptures throughout this prayer guide. We are accustomed to reading recent work and old, self-help books, but I wanted to bring us back to the basic principles found in the oldest book around. Many of the books we glean inspiration from actually rephrase principles of the Bible. So I thought it would be fitting to point you to the original Author, God. Whether you read the Bible or not, it undoubtedly is filled with proven principles to inspire, motivate, and propel anyone to greatness. It's infallible and true, and filled with so many powerful promises from God to adhere to each day. Throughout this guide, I will provide you with these principles and promises to achieve the maximum level of success in your business and life.

I've tried achieving success at my own hand, rarely taking the time to replenish my spirit, and trust me; it doesn't last. This prayer guide is designed to offer prayer on comprehensive topics with you and your business success in mind. It's time to end the struggle of success and find a peaceful work-life balance to accommodate your life.Let me say this; you don't have

to be "perfect" (whatever that means) to "pray". Most people shun away from talking about God or the Spirit especially when it comes to business because of their own guilt about not being what they believe they should be to seek God. We also have adopted a slight embarrassment to talk about the Spirit in the same sentence as business because we don't want to appear unprofessional, insensitive to other's beliefs, or not having the shark-like characteristics of successful business owners. We are all spiritual beings and should rely more on the Spirit in business. To be candid, I grab inspiration from a number of things like hip-hop songs, and I think I'm brilliant sometimes after a glass of wine (or more). I divulge that to admit my imperfections by the "religious" standards, but these "flaws" also create a sense of humility in me simply by their admission. We all are looking for something, but not quite sure what that "something" is, whether it be more fulfillment, joy, or meaning to what we do everyday. We all, at some point, ask the question, "What's it all for?"

From a former manager of a Fortune 500 company to a small business owner, I've attended countless trainings and bought every program imaginable. I've read books to help with my "self-development" but admittedly left out developing the "self" that was the essence of my being, my spirit. Growing up in church, I adopted the beliefs of my parents and those of the church. They are beliefs that I still hold in my heart, but let's face it; as you travel through life experiences, with so many ups and downs, turns and twists coupled with an increasing overwhelm of knowledge available, you become acutely aware that God is much more than religion and beliefs. Hence, why most categorize themselves as spiritual rather than religious. This distinction is simply an attempt to seek more from life and more of God. In business, we have veered off this path and leaned to our own understanding to succeed. We rely on our education, training, colleagues, experiences, network, and net worth to

validate our achievements. This reliance alone can become quite disappointing and no help to us when we feel discouraged and overwhelmed to the point of giving up. Many have lost hope and given up on their business or their life because things got so bad to the point that they no longer could see the light at the end of the tunnel. Many business owners and/or corporate CEOs dug themselves in holes by not walking in humility, integrity, and leaned more to their own knowledge. In this prayer guide, I have provided every area that would offer you the support to not only stay above water but also thrive even through your tests and trials.

When I couldn't muster up a prayer in my spirit, I began to do something very simple yet profound. I am a super fan of a show currently on television called, "Scandal". The forbidden love between the star and her love interests on this show are electrifying at best. Each time they would grab the rare opportunity to speak to each other on the phone, he would say, "Hi", and she would reply, with a small pause, "Hi". The brilliant show writer was successful in making a simple "Hi" between lovers so powerful, to the point the exchange made the fans' hearts drop. When I feel overwhelmed or just lost for words to muster having a productive day, I tried it. Yep, I tried the "Hi" on God and it worked! Each morning when I opened my eyes while still lying in bed, I would simply say, "Hi" to God. This little greeting was so powerful! It felt as if I opened a door for God to walk through my day, and it ensured I acknowledged Him before my mind scrambledto plan my day. As busy entrepreneurs, we typically begin our days thinking of the million things we'd like to accomplish that day. Often times, we let the homage to the Spirit escape us. There is so much power in our words and instead of beginning each day with grumbles of how busy we are and wondering how we will get through our infinite to-do lists, invite God into our day. Again, when overwhelm took over, my simple

"Hi" was my invite and luckily, God didn't require more than that, or some mornings, I'd be screwed!

We have forgotten to invite our most valuable business partner and secret weapon, God and prayer. Whatever you choose to call "God" in your life, we agree there is something much bigger than ourselves working on our behalf. I began to feel a sense of obligation to write this book, having experienced overwhelm to succeed in life. You see, there is a secret war within us to escape the stigma to be too spiritual or "mystical" as a distraction to achieving success by the world's standards. We all have encountered those with great faith but without enough works. Faith and memorizing scriptures alone does not move mountains or metrics. We must meet God half way by doing the work! Things will not get done on their ownnor will they get completed for us. We must return to the Source that enables us to "truly do all things" through Him.

As women we possess a sense of intuitiveness and a great sense of power, whether we are aware of it or not. We have been following our gut for as long as we can remember. By detecting when someone is lying, exposing a cheating boyfriend or spouse, and measuring ingredients we add to a meal to the color we should paint our kitchen, we can do it but not as often in our business decisions. When it comes to business, we allow intimidation and fear to overpower our gut, our governing intuition, and our spirit. As a mother can hear her baby crying in a crowded room, we hear the cries of our "business baby" through frustrations and overwhelm. Your dreams are like your baby, either waiting to be birthed or born yet being developed by so many outside "nutrients" such as: other's opinions, networking events, workshops, books, teleseminars, and others while completely neglecting the "natural milk" of the spirit: our prayer life.

Strong women often are the encourager of others and often overlooked for encouraging. Yes, we have those sister girls that we can confide in, but rarely do we have that person we can be completely transparent with without damaging our image or dampening our power. We secretly fear we will appear weak and incompetent to the very people that can provide us with the connection for our next level in life. We don't really tell "all" we go through as strong businesswomen. So there lies a piece of our story that remains untold and kept safe in our hearts. This story will subside and we are left to deal with things alone. It takes great courage to admit our flaws publicly with a fearthis admission will revoke our creditability. If we have achieved any level of success, others admire our leadership, and we understand that our call is bigger than ourselves. We continue to go on seemingly well put together because of the importance of our work but too often at the cost of our own spiritual death.

"Prayers are affirmations offered up to an ear, waiting to listen, and has the power to actually do something about them."

This prayer guide is a candid account of my business failures and successes, as well as others. I've been asked what is my secret to being so focused and driven. My simple answer is my prayer life. Every entrepreneur or person in leadership gets discouraged and wants to throw in the towel at some point in his or hercareer. I've had more days of feeling defeated than I care to remember, but I had to encourage myself to press on. There are moments you question your direction and everything that you know to be true. In those moments, you have to grab hold to something and someone that doesn't change: the power of prayer to God. You pray when you're up and when you're down. You pray when business is successful and when it's failing. Romans

4:17 says, "...before him whom he believed, even God, who raised the dead, and called those things, which are not as though they were."

Prayer keeps you grounded, clear on your intent, and your eye on the prize at hand. When you discover your purpose in this life and marry that with your business mission, failing is not an option. Not understanding why you do what you do and solely for financial gain, discouragement wins most times. Many business owners give up because there is nothing to lose except the pride of not wanting to publically fail. But when you understand your "big why", failing and getting back up is much easier because there is too much at stake. Often times we vent our frustrations to friends and family, who don't really understand or wish they could help but are unable to.

If you've ever promised a child you were going to take them to Disneyland or a toy store, they aren't shy to constantly remind you of your promise until you comply! In Isaiah 62:6, it says, "O Jerusalem, I have set intercessorson your walls who shall cry to God all day and all night for the fulfillment of his promises. Take no rest, all you who pray, and give God no rest until he establishes Jerusalem and makes her respected and admired throughout the earth." So you see, just like God, we must be persistent as His children, reminding Him, too, of His promises to us.

We've got to replenish everything we give to others daily or we won't have anything left to give ourselves to survive. My sincere prayer is that this guide serves that purpose. Inviting the spirit into your business won't make you less successful but the complete opposite. Take a deep breath and say, "Yes" and may the Spirit of God overtake you each day as you fulfill your purpose here on earth. Be sure to carve out time each day to pray for your business, allowing these prayers to fuel your faith to reach your maximum level of success. Begin to recognize the Source of your success when Boss Women Pray!

# MORNING PRAYER

Read each prayer in order and repeat and/or jump to an area of need to encourage you each day! Sequi blan vercipit prat. Duipit aut dolese faccummy nonumsan utat. Voloree tumsandit in venissi bla feummy nullandre tio od euipit lutat. Ut in hendio erit, quis do odit lummodolut dolobor iusto conulla feuipsummy num enit, sit aliquisi ex ea cor adionse doloreet pratum vero dolore dolorem ipit aciduiscipis alit aci bla feuis el in utat alissi.

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# **EVENING PRAYER**

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DAY

# PRAYER FOR YOUR VISION & DRFAMS

And the LORD answered me: "Write the vision; make it plain on tablets, so he may run who reads it."

Habakkuk 2:2 (ESV)

# DEAR GOD,

M ake my vision plain to me and awaken the dreamer in me. Allow me to become acutely aware of signs that I've previously overlooked that confirm my path. Bring me in remembrance of those dreams I have abandoned. Continue to remind me of the daily opportunities You give me to follow my dreams.

Help me to see what others so boldly see in me, that I fail to see at times. Reverse the damaging effects of words of discouragement and hate spoken towards me by others. Heal my past hurts and the disqualifying thoughts that stifle me. Cast out all doubt that may arise telling me that I am not good enough, smart enough, or simply not enough.

Replace these thoughts with Your thoughts of joy, determination, and infinite faith. Give me a clear vision. Grant me the courage to change paths if I am not currently walking in the full and complete vision for my life. Give me fresh and updated dreams that excite me! Quiet my life to hear Your voice clearly to avoid missing the mark. Bring complete alignment with You in my life.

And when my vision is clear, I invite You to run with me as I go forward. I don't want to make another move without You as my partner. I will wait patiently each day to hear from you.

AMEN.

When God shows up, He speaks. In Jeremiah 29:11, God declares, "For I know the plans I have for you, plans to prosper you and not to harm you, plans to give you hope and a future." As children, we had the luxury to dream to be and do anything our imagination could muster. But as we approach adulthood, our dreams are dampened by adopted mentalities and beliefs of others. We are discouraged to think outside the box yet to follow the structured path laid out to us by our upbringing and the education system. We are taught the "stair steps" of life from kindergarten, elementary, middle school, high school, and college to get a good J-O-B. We are not really taking account of what's in our hearts and desires because we are taught we must do these things first to be an accomplished and responsible adult. Not to mention all the mindsets passed down by those who raised us while we follow this system. It is a very fortunate experience when we actually find a job that is in line with our passions and desires. I'm not sure of where I heard the story of a woman cooking a Thanksgiving ham. Each time she prepared her ham, she would cut off the ends of the ham. Her daughter, eager to learn how to cook, asked her why she did that before putting the ham in the oven. She replied, "When my mother taught me to cook growing up, that's what she used to do." When the daughter's grandmother came over the next day for Thanksgiving, she asks her, "Grandma, why do you cut the ends of the ham before you cook it." She replied, "Oh baby, because Grandma didn't have a pot big enough for my ham." So you see, we pass down generations of habits and beliefs without even verifying their validity or purpose. We are taught to obey our parents, no matter what they said. Parents that in their best ability to love us, see the world through limited lenses. Their view extends as far as they have personally achieved in life, a place nominally further than where their parents have reached.

## PRAYER FOR YOUR VISION & DREAMS

"People need dreams. There's as much nourishment in 'em as food."

—Dorothy Gilman

For no word from God will ever fail.

Luke 1:37 (NIV)

Return to that impressionable child you once were, forgetting the path you've taken simply because it was the path assigned to you by someone else. Sometimes, the vision is given to you clearly, but you don't act on it or you try to convince yourself you didn't receive it because it's too big and you can't figure out how to carry it out alone. That's when you get into God's business. He didn't consult you when He chose the color for the sky or the trees. So, when He gives you a vision, He isn't asking you to figure out the details now. What often happens is we are led to believe that something is wrong with us for being different and driven or that this road will lead to much difficulty. It's not an easy road, but we have help along the way if we accept it. God promised in Hebrews 13:5, "He will never leave us or forsake us." We are the ones that abandon God because we think He gave us a brain to figure it all out, and if we didn't figure it out, something was wrong with us. When in fact, we are supposed to enlist His help, with His plans, right? I completed my stair step all the way to completing college. But, I took the road that made the most money to prove to myself and my parents that I can break out the box and be successful. I started my own company promoting parties, worked as a marketing rep for top spirit companies to mortgage loan processing. You see, I made lots of money and mostly from home, but it wasn't my passion or my dreams.

# PRAYER FOR YOUR VISION & DREAMS

At age 23, I thought I was too old to be a dreamer; I had to now kick my life in full gear as a doer. So I became the consummate hustler, unstoppable in everything that I set my mind to do. It was not until I was 27 years old that I followed my heart to write my first book, Pretty Painful and quickly realized that money alone doesn't make one happy. You have to find your purpose and passion and turn it into a profit.

"It's never too late to awaken the dreamer in you!" — Kachelle Kelly



# PRAYER FOR YOUR VISION & DREAMS

### Romans 8:25

But if we must keep trusting God for something that hasn't happened yet, it teaches us to wait patiently and confidently.

### Romans 12:12

Rejoicing in hope; patient in tribulation; continuing instant in prayer;

### Galatians 6:9

And let us not be weary in well doing: for in due season we shall reap, if we faint not.

### James 1:4 (ASV)

And let patience have its perfect work, that you may be perfect and entire, lacking in nothing.

# Ephesians 1:17

That the God of our Lord Jesus Christ, the Father of glory, may give unto you the spirit of wisdom and revelation in the knowledge of him:

# Zechariah 4:10a (TLB)

Do not despise this small beginning, for the eyes of the Lord rejoice to see the work begin

# Philippians 4:6 (NASB)

Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God.

# REFLECTION



CONSECTETUR ADIPISCI. BELIT, SED QUIA NON NUM-QUAM EIUS MODI TEMPORA INCIDUNT, UT LABORE ET DOLORE ATER MAGNAM ALIQUAM QUAERAT VOLUP-TATEM. UT ENIM AD MINIMA VEN M, QUIS NOST. RUM EXERCITATIONEM ULLAM. CORPORIS SUSCIPIT LABO-RIOSAM, NISI UT ALIQUID EX EA COMMODI CONSE-QUATUR? QUIS AUTEM VEL EUM IURE REPREHENDERIT FUSCE EUISMOD CONSEQUAT ANTE. LOREM IPSUM DOLOR SIT AMET, CONSECTETUER ADIPISCING ELIT. PELLENTESQUE SED DOLOR. ALIQUAM CONGUE

